ASIS Chapter Meeting Notes

6/29/21

Attendance Count: 10

**-Introductions by Jeffrey Parks, Chapter President**

* Updating ASIS website
* Brian Miner is resigning on board due to a relocation
* Brooke Boote will be added as Treasurer on the ASIS board in August
* If anyone is interested in getting their ASIS Certifications, or continued educations, we have books, let Jeff know at jparks@scfederal.org
* Scholarships
* ASIS Connects, urge members to get involved.
* GSX is coming up Sept. 22nd
* Email Jeffrey Parks for continued education certification point email jparks@scfederal.org
* Anticipating a Vendor Showcase in November 11th 2021

**By: Peter Farrell**

**NAMI South Carolina – An affiliate of National Alliance on Mental Illness**

1 and 5 families will be affected by a mental illness.

Largest grassroot mental healthiness organization. Now has 500 local affiliates.

Programs:

Family to family, caregivers, peer to peer mentors

In Our Own Voice (IOOV) – Public Education Program for trained consumer speakers

Ending Silence (ETS): Teaching students on three grade levels about mental illness

**Working Assumptions**

Mental illness is not a crime

Most people with mental illnesses are fully functional community members

There are a lot of famous people with Mental Illness!

20% of US Population is dealing with mental illness

5% of US Population dealing with Serious illness

**Mental Illnesses are NOT:**

Developmental Disabilities

* Developmental Disabilities relate to intelligence and cognitive ability.
* Mental illnesses are disorders of brain that disrupt a persons thinking.

Schizophrenia Key Facts

Chronic and mental illness affecting 20m people.

Distorts thinking, perception, emotions, language and sense of self and behavior.

Affects educational and occupational performance.

Bipolar Disorder

45 million people worldwide!

Manic phase or depressive phase. Over activity or rapid speech, inflated self esteem.

Effective treatment is available for acute phases.

Dramatic mood swings

* Manic phase

Increased energy

Decreased need for sleep

Emotional VS. Rational

If your highly emotive is hard to be rational

Major Depression

Persistent sad, anxious, or empty mood

Loss of interest in usual activities

Sleep disturbance

Weight changes

Hopeless

Suicide Attempts

Making decision

Despression can lead to suicide

Close to 800000 suicides from this

OCD

Can’t stop some kind of behavior.

Hiccup in Brain

Anxiety Panic Disorder

Server anxiety makes it impossible to act.

Anxiety is out of proportion to the situation.

Fear of doing routine tasks like going to the supermarket or riding a bicycle.

Autism

Disturbances in communication, social interaction, and relating to others.

Organic

Hypothermia or Head Trauma

**How to interact?**

Maintain space, slow it down.

Ask how can you help? Be empathetic.

No responding to insults or anger

Be careful about touching or removing from audience

Don’t give multiple choices

Important to ask?

Do you take meds?

Have you taken meds?

Do you want to hurt yourself?

Do you want to commit suicide?

Do you want to hurt someone?

Mobile Crisis

Will come out to scene if there is an issue, or someone wants to hurt themselves or others

In person or at scene

A lot of telehealth and assessment over phone

Anyone can call, individual, family, law enforcement, EMS

Call Center will triage and assess need

Mobile Crisis Hotline

24/7

833-364-2274

Bachelor or Master level consultant live

Officer Safety

Never deny possibility to violence

Slow the situation down and buy time for authorities.

Point to Remember

Have some compassion for whom are communicating with!

Next Meeting

July 27th

Keith Jones, Department of Homeland Security will be presenting.